

## **SPOUSE/COMPANION ACTIVITY** Tuesday, March 29, 2022



## **Zentangle® Beginner Drawing Class**



Zentangle® is a worldwide art form and method founded, developed and taught by Rick Roberts and Maria Thomas to thousands since its origin. Even though the name has "zen" in it, Zen Buddhism is not taught nor is any religion. Instead, you are taught how to create beautiful art using structured patterns, called "tangles." These tangles are drawn on small pieces of paper called "tiles" that can be assembled into mosaics. www.zentangle.com

Annie Reiser, certified Zentangle® teacher and botanical illustrator, enjoys introducing others to this meditative practice of mindful drawing, a technique using basic pen strokes to form patterns that can be

combined into beautiful and intricate designs. The beauty is that no drawing experience is required! If you can make a dot, a straight line, a curved line and a circle, you have all the skills you need. Learn to relax, improve your focus, creativity and dexterity as you learn the philosophy and creative "ceremony" of Zentangle®.



## **About Your Teacher**

Coming full circle, Annie has returned to what feeds her soul: art. Years ago, Annie pursued a degree in art and got sidetracked by life. Family and career took her down other pathways, although art has always been a lifetime companion. She has a Master of Arts degree in German and is a graduate of the Denver School of Botanical Art & Illustration, where she taught part-time. Annie retired from her day job at the National Oceanic and Atmospheric Administration (NOAA) in Boulder, CO in December 2019 and jumped in full-time to develop her art business, <a href="https://www.Botangle.net">www.Botangle.net</a>, that includes teaching a variety of art classes.

A potter, spinner, knitter, weaver and painter, Annie is an active member of the Rocky Mountain Society of Botanical Artists and the Guild of Natural Science Illustrators. Her artwork has been displayed in juried shows and

published in books. In 2017, she was part of an 11-person exhibit by the Denver School of Botanical Art & Illustration that received a Group Gold Medal Award from the Royal Horticultural Society at their annual botanical art show for the exhibit "Rocky Mountains: Plants and Funghi with Altitude."

## **Itinerary** (times are approximate)

10:00 am: Class begins with a brief introduction of Zentangle® followed by

step-by-step, hands-on instruction as you create your own art

12:00 pm: Class ends

Annie will have some of her art on display in the classroom which will be available for purchase at the end of class, if interested.

**Class Location:** Quartz (3<sup>rd</sup> Floor of the Hyatt Regency)



Meeting hosted by

