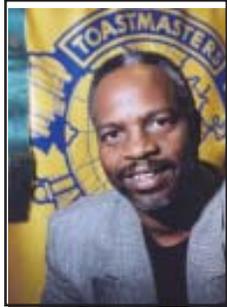


Tuesday Speaker Luncheon

Tuesday, March 9th - 12:15 PM
Catamaran Hotel - Multi-purpose Room



"Happiness is a Choice"

Featured Speaker: Jim Tucker - SDG&E

Life is a journey of challenging circumstances that constantly test our very "will". How we respond to these circumstances determines how much happiness we have in our lives. It is not what happens "to" us that matters, but how we respond to what happens to us. How do you respond?

We all know that life is no joke....it contains twists, turns and little surprises that can be fun. Essentially, life's challenges are just set-ups. All we have to do is find the "punchline".

Jim Tucker will share some simple tips and valuable insights on how to find the "funny" in your life and how to punch things up with your own sense of humor.

Jim has been a member of Toastmasters for 30 years and recently competed in the 2002 and 2003 World Championship of Public Speaking in San Antonio, Texas and Atlanta, Georgia, respectively. He earned the right to be one of the nine contestants deemed as the "best in the world" of the 200,000 member organization.

He is also the immediate Past President of the Century Toastmasters and is current Vice President Public Relations of Laughmasters. Jim is an engineer with a sense of humor (a paradox in itself). Jim has competed in humorous speech contests, performed stand-up comedy and retirement "roasts" and drawn cartoons for publications.

A native of Texas, he earned his Bachelor of Science degree in Electrical Engineering from Prairie View A&M University in Prairie View, Texas.

Presently employed at San Diego Gas & Electric as a Senior Engineer in the Electric Meter Group, he is responsible for the evaluation and purchase of electric metering equipment and software. Jim is a registered Professional Engineer in the State of California.

Jim also volunteers his time with Our Place of Self Esteem, a non-profit organization that teaches self esteem and anger management classes to children with behavior problems.

In his leisure time, Jim enjoys reading, cartooning, golfing and speaking. Jim is married with two children.

